



# DR REENA WADIA

BDS Hons (Lond) MJDF RCS (Eng) MClintDent (Perio) MPerio RCS (Edin) FHEA

## QUALIFICATIONS & DENTISTRY AWARDS

Periodontology MClintDent (Part-time), King's College London, Passed with Distinction	2013-2017
Fellow of The Higher Education Academy	2017
MJDF RCS, England	2011-2012
BDS, Honours, Barts & The London, School of Medicine & Dentistry: BDS Parts 1-5: Passed with Distinction	2006-2011
Postgraduate Awards:	
Joy Harrild Award, British Dental Association	2019
BSP Clinical Poster Prize	2017
John Zamet Memorial Prize in Periodontal Research, Certificate of Commendation	2016
BSP Clinical Fellowship Award	2016
Young Communicator Award - BDEF, BDA	2015
Undergraduate Awards:	
University of London Gold Medal Winner	2010/2011
Best Overall Student Award: Part 1, 2, 3, 4 and 5	2006/2011
An additional 10 other similar dental awards (details available upon request)	2006/2011

## RECENT PUBLICATIONS

- R Wadia. An update on halitosis: seven common questions. Dent Update 2021; 48:459-462.
- R Wadia. The prevention of periodontitis. Dent Update 2020; 47; 871-876.
- R Wadia, A Thomson. Diabetes and oral health. Diabetes & Primary Care 2020; 22.
- R Wadia, L D'Cruz, L Baker. COVID-19 - Working as a dental hygienist or therapist. BDJ Team 2020: 22-23.
- Guest editor for the Primary Dental Journal Periodontics edition: Winter 2019/20.
- R Wadia. Other journals in brief. BDJ 2020; 228(2), 228 (4), 228 (6), 228 (8), 228(10), 228 (12), 229(2), 229(4), 229(6), 229(8), 229(10), 229(12).
- R Wadia, I Chapple. Periodontal care in general practice: 20 important FAQs - Part one. BDJ Team 2019; 6: 15-20.
- C Walter et al. Periodontal diagnosis in the context of the BSP implementation plan for the 2017 classification system of periodontal diseases and conditions: presentation of a pair of young siblings with periodontitis. BDJ 2019; 226(1): 23-26.
- C Walter et al. Periodontal diagnosis in the context of the 2017 classification system of periodontal diseases and conditions: Presentation of a middle-aged patient with localised periodontitis. BDJ 2019; 226(2): 98-100.
- R Wadia et al. Periodontal diagnosis in the context of the 2017 classification system of periodontal diseases and conditions: presentation of a patient with periodontitis localised to the molar teeth. BDJ 2019; 226(3): 180-182.
- C Walter et al. Periodontal diagnosis in the context of the BSP implementation plan for the 2017 classification system of periodontal diseases and conditions: presentation of a patient with a history of periodontal treatment. BDJ 2019; 226(4): 265-257.
- C Walter et al. Periodontal diagnosis in the context of the BSP implementation plan for the 2017 classification system of periodontal diseases and conditions: presentation of a patient with severe periodontitis following successful periodontal therapy and supportive periodontal treatment. BDJ 2019; 226(6): 411-413.
- R Wadia, I Chapple. Periodontal care in general practice: 20 important FAQs - Part 2. BDJ 2019; 227(10):875-880.
- R Wadia, I Chapple. Periodontal care in general practice: 20 important FAQs - Part 1. BDJ 2019; 226 (11): 850-854.
- T. Dietrich et al. Periodontal diagnosis in the context of the 2017 classification system of periodontal diseases and conditions. BDJ 2019; 226: 16-22.
- R Wadia. Other journals in brief. BDJ 2019; 226(2), 226 (4), 226 (6), 226 (8), 226 (10), 226 (12), 227(1), 227(3), 227(5), 227(6), 227(8), 227 (10), 227(12).
- K Prajapat et al. Dental Associate Interviews (2018). First edition. Primitive Press Publications.
- N Mughal et al. Dental Success Stories (2018). First edition. Printed by Amazon.

R Wadia. Teeth at the Wellcome Collection. *BDJ* 2018; 224: 919.

R Wadia. Understanding the new classification. *J Irish Dental Hygienist's Association* 2018; 12(2): 10-21.

R Wadia. Other journals in brief. *BDJ* 2018; 224(2), 224(4), 224(6), 224(8), 224(10), 224(12).

R Wadia, D'Cruz L. Avoiding the pitfalls of dento-legal issues. *BDJ Team* 2018 (5): 18091.

A Nevius, R Wadia. Social media in the dental academic environment: a systematic review. Poster, AEDA. 16/03/18.

R Wadia. Other journals in brief. *BDJ* 2017; 223(10), 223(12).

R Wadia, M Ide. Periodontal emergencies in general practice. *Prim Dent J* 2017; 6(2):46-51.

R Wadia. Interprofessional perio training - does it work? *BDJ Open* 2017; 3:17001.

R Wadia. Dental, drugs and drink - A risky cocktail? *BDJ* 2017; 222:198-204.

R Wadia et al. A pilot study of the gingival response when smokers switch to vaping. *BDJ* 2016; 221:722-726.

R Wadia. Snap, screen and send. *BDJ* 2016: 221:411-414.

R Wadia. Our hygienist will see you for your check-up now. *Br Dent J* 2016: 221:717-721.

R Al-Falaki, FJ Hughes, R Wadia. Minimally invasive treatment of infrabony periodontal defects using dual-wavelength laser therapy. *International Scholarly Research Notices* 2016, Article ID 7175919.

R Wadia. The do's and don'ts of social media. *BDJ Team* 2016; 8:18-20.

R Wadia. Smoking cessation - what's involved. *Dental Nursing* December 2015; 2.

R Wadia. Time to exhale. *BDJ Team*. September 2015; 21-22.

R Wadia. Survival of the fittest. *Riskmatters, Dental Protection* 2015; 6-7.

R Wadia. Now that's commitment. *BSP Newsletter*. August 2015.

R Al-Falaki, R Wadia, et al. Use of erbium, chromium:yttrium scandium gallium garnet laser as an adjunct to root surface instrumentation: analysis of an extended case series. *Journal of Clinical Periodontology* 2015; 42, S17: 275.

R Wadia. Periodontitis? *Young Dentist* 2015; 24-25.

R Wadia. Specialty training - 5 questions. *EDSA magazine*. July 2015; 14-15.

R Wadia. E-cigarettes - did you know? *Dental Hygiene & Therapy* 2015; 5: 40-41.

R Wadia. How to: assess and maintain dental implants. *BDJ Student* 2015; Spring: 35.

R Wadia. 10 top CV tips. *Young Dentist* 2015; 3: 23.

R Wadia. How to: give effective oral hygiene advice. *BDJ Student* 2015; Winter: 35.

R Wadia, G Bull. Pearls of perio wisdom. *Dentistry* 2015; 11: 48-49.

R Wadia. Keeping a look out for periodontitis. *Dental Hygiene & Therapy* November 2014; 11: 14.

R Wadia. Should I specialise? *Young Dentist* 2014; 9: 33.

R Wadia. Ultrasonics: types, techniques, terminology and tips. *Dental Hygiene & Therapy* September 2014; 18-19.

R Wadia, B Chana. Would you train to be a dental therapist? *Dental Nursing* July 2014; 10(7): 412-413.

R Wadia. Periodontal disease in general practice- an update on the essentials. *Dental Update* June 2014; 467-469.

R Wadia. Lasers in periodontics. *Pri Dent* 2014; 3(3): 57-61.

R Wadia, A Sidi. Peri-implantitis and maintenance of implants. *Dental Hygiene & Therapy* 2014; 4: 26-27.

R Wadia, N Patel. Medico-legal aspects of Periodontics. *Private Dentistry* December 2013; 67-69.

R Wadia. Specialty training - Why, when and how? *Theyoungdentist.com, Dental Protection*. 15/08/2013.

N Patel, R Wadia. Diabetes and periodontitis - an update. *Private Dentistry* 2013; 9: 67-68.

R Wadia, N Patel. Peri-implantitis - a growing problem. *Private Dentistry* 2013; 6: 52-54.

R Wadia. Aren't you too young to be a dentist? *Theyoungdentist, Dental Protection* 2013; 2-3.

R Wadia. An unconscious decision? *SAAD Digest* 2012; 28: 34-42.

R Wadia, MK Vasant, M Gupta (2011). *Patient handbook - caring for your mouth*. Krishna Printers. London.

R Wadia. Global Ceram · X Case Contest. *Dental Tribune, United Kingdom* 2009; 3(22): 24.

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## RECENT PRESENTATIONS, LECTURES & COURSES (LAST 5 YEARS)

Diploma in Periodontics. Perio School, 75 Harley Street. Dentists / Hygienists and therapists. January 2022 - Date.

The Crown Lengthening Course. Perio School, 75 Harley Street. 3 sessions a year. March 2021 - Date.

The Hygienist Course. Perio School, 75 Harley Street. 21 sessions a year. February 2018 - Date.

First Four Quarters course for Young Dentists. Perio School, 75 Harley Street. 10 sessions a year. October 2014 - Date.

Harley Street Stub Club. 3 sessions a year. April 2019 - Date.

Essentials of periodontal care in general practice. Several BDA branches including Epsom, Croydon, Reading 2019-20.

Periodontal care in practice. Indian Dental Association, Birmingham. 30/11/19.

Periodontics. Berks, Bucks and Oxford DFT schemes Wexham Park Hospital. 07/11/19.

The new perio classification - it's not as scary as it seems. Brent and Harrow LDC. 25/10/19.

Should I specialise. KCL Women in Dentistry group, Guy's Hospital. 10/10/19.

Periodontal plastic surgery. SimplyHealth Professionals, Renaissance Heathrow. 05/10/19.

Minimising periodontal litigation. BDA, London. 16/09/19.

Periodontal update. Staffordshire DFTs. Royal Stoke Hospital 20/06/19.

Essentials of periodontal care. British Dental Conference and Dentistry Show, Birmingham. 18/05/19.

Webinar on the new periodontal classification. DentOCare. 18/04/19.

Smart Scaling hands-on teaching. Dentsply Sirona, London. 13/04/19.

Understanding the new classification. BSDHT, London. 23/03/19.

Periodontal issues around heavily restored dentitions. BSSPD, Royal College of Physicians. 16/03/19  
 Essentials of periodontal care in practice. Dental Care Group, Reading. 14/03/19  
 Essentials of periodontal care in practice. BDA Croydon, Croydon University Hospital. 13/03/19.  
 Hands-on periodontal surgery training. Winchester DFTs, Portsmouth University Dental Academy. 07/03/19.  
 Periodontal plastic surgery. London Dental Hospital Club, Barts and The London Dental School. 23/02/19  
 What they don't tell you at dental school. Barts and The London. 07/02/19.  
 Periodontal Plastic Surgery. Key Client Forum, SimplyHealth Professionals. 11 locations around the UK. 2018.  
 Hands-on Surgical Day - Crown lengthening and Pocket Reduction Surgery. NE Central DFTs, Eastman. 25/05/18.  
 An Update on Periodontology. Thames Valley and Wessex DCTs, Winchester. 10/05/18.  
 Essentials of Periodontal Practice. BDA Enfield 30/04/18, BDA Ealing 25/01/18; BDA Reading 8/11/17.  
 What Diabetes Specialists should know about Periodontal Disease. The Royal London Hospital. 17/04/18.  
 Top tips for Dental Hygiensits. BSDHT, London. 02/03/18.  
 A young dentist's guide to periodontal practice. Berkshire DFTs. 16/11/17, 27/10/16, 07/01/16.  
 Tips for your first year in practice and whistlestop tour of periodontology. NE Central DFTs, Eastman. 10/11/17, 03/07/15.  
 MJDF OSCE Revision. Royal College of Surgeons. 07/11/17, 08/11/16, 20/10/15, 07/10/14.  
 Perio in Practice - Plaque, Probing, Prescribing & Planning. BDIA Showcase. London. 19/10/17, 08/10/16.  
 The Road Ahead. BDSA conference, Bristol. 24/05/17.  
 Use of social media by dental professionals. ADEE/ADEA meeting, London. 09/05/17.

## EMPLOYMENT

<p>Founder and Director of Perio School          Global teaching academy - online and offline courses for dentists, hygiensits/therapists and students.</p>	<p>03/20-Date</p>
<p>Co-Abstracts Editor: British Dental Journal, Springer Nature          Editor for the 'Other Journals in Brief' section, which features short summaries of papers published in other dental/scientific journals. Published on a bimonthly basis.</p>	<p>10/17-Date</p>
<p>Principal: RW Perio, 75 Harley Street, Marylebone, London, W1G 8QL          Lead a specialist periodontal referral clinic with a team of periodontists and hygienists.</p>	<p>09/17-Date</p>
<p>Associate Specialist Periodontist: King's College London, Restorative Department          Assess new patients, perform specialist treatment and supervise/teach hygienists and postgraduate students.</p>	<p>02/18-07/21</p>
<p>Part-time Associate: Woodford Dental Care, Essex, IG8 0HL          Practice limited to periodontal care working alongside a team of 7 dentists and 5 hygienists.</p>	<p>12/12-12/18</p>
<p>Part-time Honorary Clinical Tutor/Lecturer: Barts &amp; The London, School of Medicine &amp; Dentistry          Supervising dental and hygiene/therapy students during their periodontal clinics and providing weekly group seminars.</p>	<p>11/13-12/17</p>
<p>Part-time Associate: Harley Street Dental Group, 52 Harley Street, W1G 9PY          Working as part of in a multidisciplinary award winning specialist team with practice limited to periodontal care.</p>	<p>03/14-03/16</p>
<p>Part-time Associate: Pure Periodontics, Clerkenwell, EC1M 4AA          Providing initial and supportive periodontal therapy in a specialist practice environment.</p>	<p>06/13-01/14</p>
<p>Senior House Officer: Guy's and St Thomas' NHS Foundation Trust          Acute Dental Care - Clerking and treating emergency patients.          Restorative under Dr Ravi Saravanamuttu - All duties including consultation clinics, periodontal treatment, conservative as well as crown and bridge work for hypodontia and tooth wear cases, endodontics and implant-retained dentures.          Oral Surgery under Dr Chris Sproat - All duties including surgical extractions, coronectomies and biopsies. Assisting during implant surgery. Treatment also under intravenous sedation or general anesthesia.          Weekly tutorials for the final year undergraduate students as well as undergraduate clinical training.</p>	<p>08/12-09/13</p>
<p>Dental Foundation Year 1: MK Vasant and Associates, SW16 4DN          General dentistry as well as simple orthodontics using the Simpli5 aligner system, bonding/repair of fixed retainers and home tooth-whitening. Assisted weekly with periodontal and implant surgery.</p>	<p>01/08/11-31/07/12</p>

## POSTGRADUATE WORK EXPERIENCE & EXTERNSHIPS

Periodontal specialist practice: Dr Alan Sidi, 57 Portland Place	09/10/2015
Dr Suzie Moore, Al-Fa Perio, Buckhurst Hill	06/12/2012
Dr Ravi Saravanamuttu, Claremont at Fortyfive, Surrey	04/12/2012
Dr Nik Pandya, The Avenue Dental Practice, Colchester	28/11/2012
Observation of patient consultations and providing assistance for treatment.	
Hospital: Periodontology Department, Harvard School of Dental Medicine, Boston	18-22/07/2016
Externship involving observations of all clinics and attendance to seminars. Periodontology Department, New York University, New York	29/07/2015
Observation of a typical day in the postgraduate periodontology department. Dr Gita Auplish, King's College London, Denmark Hill	01/10/2012
Dr Jerry Kwok, Queen Mary's Hospital, Sidcup	15/09/2012

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## POSITIONS OF RESPONSIBILITY & VOLUNTARY WORK

London Dental Hospital Club Committee Member	01/2018-Date
Reviewer for the British Dental Journal	05/2016-Date
Junior Trustee for The Oral & Dental Research Trust	01/2016-Date
Member of the Communications Committee, European Federation of Periodontology	09/2014-Date
Peer-reviewer for the British Dental Journal	05/2016-Date
Volunteer at Neasden Hindu Mandir (NGO in consultative status with UN)	06/1995-Date
National Board Member and Lead for the Central London Division, FGDP (RCS Eng)	05/2016-07/2021
BDA Committee Member, Croydon	09/2013-07/2021

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## RECENT COURSES & CONFERENCES (LAST 5 YEARS)

• Mucogingival surgery with Tonetti and Cortellini, Florence	3 days (03/2019)
• Minimally invasive soft tissue grafting over teeth and implants, Dr Edward Allen, Madrid	2 days (01/2019)
• EuroPerio9, European Federation of Periodontology, Amsterdam	3 days (06/2018)
• British Society of Periodontology Conference	3 days (06/2017)
• Mucogingival surgery with Dr Edward Allen, Guy's Hospital	1 day (05/2017)
• British Society of Periodontology Conference	3 days (04/2016)
• The Revenue Course with Dr Asif Syed, BDA, London	14 days (01/2016)
• Mucogingival Practical Workshop with Dr Paul Baker and Dr Amit Patel, LonDEC	1 day (10/2015)
• EuroPerio8, European Federation of Periodontology, London	3 days (06/2015)

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## MEDIA

- Featured in Forbes, British Vogue, Harper's Bazaar, The Times, Evening Standard and many other Tier one publications.
  - Voted by dental professionals as the 20th most influential dentists in the UK, Dentistry FMC, 2018 & 2019.
  - Dental expert for BBC Radio London & BBC Asian Network.
  - Sensodyne Repair and Protect TV commercial, 2016/17.
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## MEMBERSHIPS

- Dental Protection, British Dental Association, FGDP(UK)
  - British Society of Periodontology, European Federation of Periodontology
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## OTHER INTERESTS

- Indian classical music, travelling and nature photography.
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## REFERENCES AVAILABLE ON REQUEST