



3 NEW LAUNCHES

WE'VE BEEN TRYING SOME NEW PRODUCTS THIS MONTH - HERE'S OUR PICK OF THE BEST.

MARVELLOUS MANI

Award-winning British designer and illustrator Emily Brooks has brought out her first-ever accessories and giftware collection, and we're very taken with her eye-catching manicure kit in a turquoise faux-leather case with orange lining. Available for £14 at emilybrooks.uk.



ANTI-AGEING... GENTLY

The elegantly packaged Time Traveller skincare duo from Green People founder Charlotte Vøhtz includes a Brightening Moisturiser and Soft Buff exfoliator. The products are part of her signature Age Defy+ range, aimed at women over 35, and would make a lovely gift for someone special. We were particularly impressed with the exfoliator, which is gentle enough even for rosacea-prone or sensitive skin. The set is £50, or buy separately at £37 for the moisturiser and £23 for the exfoliator, at greenpeople.co.uk.

BUDGET BEAUTY

If you like value for money, check out Aldi's new pocket-friendly vegan collection. The Leaping Bunny-certified Lacura range includes a day cream, eye cream, face wash, face scrub, hand and nail cream, and fruit sheet masks. Prices range from £1.99 for the masks to £5.99 for the day cream.



Apply while wet

After stepping out of the shower, don't towel off completely before using body moisturiser or oil - applying it to damp skin will help lock in moisture. Try the Body Shop's delicious-smelling Pink Grapefruit Body Yogurt (£9) for a moisturising morning boost.



A new scrape through?

If you've never heard of tongue scraping, consider adding this simple technique to your daily dental routine. Dr Reena Wadia, an award-winning periodontist, founder of the RW Perio Clinic in London, has launched her own eco-friendly, plastic-free tongue scraper.

Dr Wadia believes tongue scraping once a day offers numerous benefits, including combatting bad breath, improving your sense of taste and reducing the levels of bacteria in your mouth.

The RW Perio tongue scraper is £12, available online at rwperio.com.