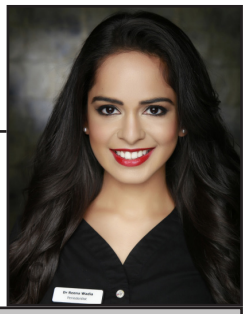
Dr Reena Wadia

BDS Hons (Lond) MJDF RCS (Eng) MClinDent (Perio) MPerio RCS (Edin) FHEA



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Personal Statement

I have a strong work ethic. I am committed to excellence in patient care and always striving for my best.
I also enjoy contributing to the dental community and sharing what I learn.

Qualifications & Dentistry Awards

Periodontology MClinDent (Part-time), King's College London, Passed with Distinction	2013-2017
Fellow of The Higher Education Academy	2017
MJDF RCS, England	2011-2012
BDS, Honours, Barts & The London, School of Medicine & Dentistry: BDS Parts 1-5: Passed with Distinction	2006-2011

Postgraduate Awards:

Joy Harrild Award, British Dental Association	2019
BSP Clinical Poster Prize	2017
John Zamet Memorial Prize in Periodontal Research, Certificate of Commendation	2016
BSP Clinical Fellowship Award	2016
Young Communicator Award - BDEF, BDA	2015
KCL Clinical Audit Poster Presentation, First Prize	2013
Best presented DFY1 Case Presentation, Kingston Scheme	2012
Dentsply Ceram · X Case Contest for Clinicians	2012

Undergraduate Awards:

University of London Gold Medal Winner	2010/2011
Best Overall Student Award: Part 1, 2, 3, 4 and 5	2006/2011
An additional 10 other similar dental awards (details available upon request)	2006/2011

Publications

Wadia, R., Chapple, I. Periodontal care in general practice: 20 important FAQs - Part one. BDJ Team 2019; 6: 15-20.
C Walter et al. Periodontal diagnosis in the context of the BSP implementation plan for the 2017 classification system of periodontal diseases and conditions: presentation of a pair of young siblings with periodontitis. BDJ 2019; 226(1): 23-26.
C Walter et al. Periodontal diagnosis in the context of the 2017 classification system of periodontal diseases and conditions: Presentation of a middle-aged patient with localised periodontitis. BDJ 2019; 226(2): 98-100.
R Wadia et al. Periodontal diagnosis in the context of the 2017 classification system of periodontal diseases and conditions: presentation of a patient with periodontitis localised to the molar teeth. BDJ 2019; 226(3): 180-182.
C Walter et al. Periodontal diagnosis in the context of the BSP implementation plan for the 2017 classification system of periodontal diseases and conditions: presentation of a patient with a history of periodontal treatment. BDJ 2019; 226(4): 265-257.
C Walter et al. Periodontal diagnosis in the context of the BSP implementation plan for the 2017 classification system of periodontal diseases and conditions: presentation of a patient with severe periodontitis following successful periodontal therapy and supportive periodontal treatment. BDJ 2019; 226(6): 411-413.
R Wadia, I Chapple. Periodontal care in general practice: 20 important FAQs - Part 2. BDJ 2019; 227(10):875-880.
R Wadia, I Chapple. Periodontal care in general practice: 20 important FAQs - Part 1. BDJ 2019; 226 (11): 850-854.
T. Dietrich et al. Periodontal diagnosis in the context of the 2017 classification system of periodontal diseases and conditions. BDJ 2019; 226: 16–22.
R Wadia. Other journals in brief. BDJ 2019; 226(2), 226 (4), 226 (6), 226 (8), 226 (10), 226 (12), 227(1), 227(3), 227(5), 227(6), 227(8), 227 (10), 227(12).
K Prajapat et al. Dental Associate Interviews (2018). First edition. Primitive Press Publications.
N Mughal et al. Dental Success Stories (2018). First edition. Printed by Amazon.
R Wadia. Teeth at the Wellcome Collection. BDJ 2018; 224: 919.
R Wadia. Understanding the new classification. J Irish Dental Hygienist's Association 2018; 12(2): 10-21.
R Wadia. Other journals in brief. BDJ 2018; 224(2), 224(4), 224(6), 224(8), 224(10), 224(12).
R Wadia, D'Cruz L. Avoiding the pitfalls of dento-legal issues. BDJ Team 2018 (5): 18091.

A Nevius, R Wadia. Social media in the dental academic environment: a systematic review. Poster, AEDA. 16/03/18.
R Wadia. Other journals in brief. BDJ 2017; 223(10), 223(12).
R Wadia, M Ide. Periodontal emergencies in general practice. Prim Dent J 2017; 6(2):46-51.
R Wadia. Interprofessional perio training - does it work? BDJ Open 2017; 3:17001.
R Wadia. Dental, drugs and drink - A risky cocktail? BDJ 2017; 222:198-204.
R Wadia et al. A pilot study of the gingival response when smokers switch to vaping. BDJ 2016; 221:722-726.
R Wadia. Snap, screen and send. BDJ 2016: 221:411-414.
R Wadia. Our hygienist will see you for your check-up now. Br Dent J 2016: 221:717-721.
R Al-Falaki, FJ Hughes, R Wadia. Minimally invasive treatment of infrabony periodontal defects using dual-wave-length laser therapy. International Scholarly Research Notices 2016, Article ID 7175919.
R Wadia. The do's and don'ts of social media. BDJ Team 2016; 8:18-20.
R Wadia. Smoking cessation - what's involved. Dental Nursing December 2015; 2.
R Wadia. Time to exhale. BDJ Team. September 2015; 21-22.
R Wadia. Survival of the fittest. Riskmatters, Dental Protection 2015; 6-7.
R Wadia. Now that's commitment. BSP Newsletter. August 2015.
R Al-Falaki, R Wadia, et al. Use of erbium, chromium:yttrium scandium gallium garnet laser as an adjunct to root surface instrumentation: analysis of an extended case series. Journal of Clinical Periodontology 2015; 42, S17: 275.
R Wadia. Periodontitis? Young Dentist 2015; 24-25.
R Wadia. Specialty training - 5 questions. EDSA magazine. July 2015; 14-15.
R Wadia. E-cigarettes - did you know? Dental Hygiene & Therapy 2015; 5: 40-41.
R Wadia. How to: assess and maintain dental implants. BDJ Student 2015; Spring: 35.
R Wadia. 10 top CV tips. Young Dentist 2015; 3: 23.
R Wadia. How to: give effective oral hygiene advice. BDJ Student 2015; Winter: 35.
R Wadia, G Bull. Pearls of perio wisdom. Dentistry 2015; 11: 48-49.
R Wadia. Keeping a look out for periodontitis. Dental Hygiene & Therapy November 2014; 11: 14.
R Wadia. Should I specialise? Young Dentist 2014; 9: 33.
R Wadia. Ultrasonics: types, techniques, terminology and tips. Dental Hygiene & Therapy September 2014; 18-19.
R Wadia, B Chana. Would you train to be a dental therapist? Dental Nursing July 2014; 10(7): 412-413.
R Wadia. Periodontal disease in general practice- an update on the essentials. Dental Update June 2014; 467-469.
R Wadia. Lasers in periodontics. Pri Dent 2014; 3(3): 57-61.
R Wadia, A Sidi. Peri-implantitis and maintenance of implants. Dental Hygiene & Therapy 2014; 4: 26-27.
R Wadia, N Patel. Medico-legal aspects of Periodontics. Private Dentistry December 2013; 67-69.
R Wadia (2013). Basics of periodontal surgery and suturing. First edition. Pure Periodontics. London.
R Wadia. Specialty training - Why, when and how? Theyoungdentist.com, Dental Protection. 15/08/2013.
N Patel, R Wadia. Diabetes and periodontitis - an update. Private Dentistry 2013; 9: 67-68.
R Wadia, N Patel. Peri-implantitis - a growing problem. Private Dentistry 2013; 6: 52-54.
R Wadia. Aren't you too young to be a dentist? Theyoungdentist, Dental Protection 2013; 2-3.
R Wadia. An unconscious decision? SAAD Digest 2012; 28: 34-42.
R Wadia, MK Vasant, M Gupta (2011). Patient handbook - caring for your mouth. Krishna Printers. London.
R Wadia. Global Ceram · X Case Contest. Dental Tribune, United Kingdom 2009; 3(22): 24.

Recent Presentations, Lectures & Courses (Last 5 Years)

The Perio Course. LonDec. 4 sessions a year. Febrary 2020 - Date.
The Hygienist Course. BDA. 21 sessions a year. February 2018 - Date.
First Four Quarters course for Young Dentists. BDA. 10 sessions a year. October 2014 - Date.
Harley Street Stub Club. 3 sessions a year. April 2019 - Date.
Essentials of periodontal care in general practice. BDA Epsom. 10/12/19.
Periodontal care in practice. Indian Dental Association, Birmingham. 30/11/19.
Periodontics. Berks, Bucks and Oxford DFT schemes Wexham Park Hospital. 07/11/19.
The new perio classification - it's not as scary as it seems. Brent and Harrow LDC. 25/10/19.
Should I specialise. KCL Women in Dentistry group, Guy's Hospital. 10/10.19.
Periodontal plastic surgery. SimplyHealth Professionals, Renaissance Heathrow. 05/10/19.
Minimising periodontal litigation. BDA, London. 16/09/19.
Periodontal update. Staffordshire DFTs. Royal Stoke Hospital 20/06/19.
Essentials of periodontal care. British Dental Conference and Dentistry Show, Birmingham. 18/05/19.
Webinar on the new periodontal classification. DentOCare. 18/04/19.
Smart Scaling hands-on teaching. Dentsply Sirona, London. 13/04/19.
Understanding the new classification. BSDHT, London. 23/03/19.
Periodontal issues around heavily restored dentitions. BSSPD, Royal College of Physicians. 16/03/19
Essentials of periodontal care in practice. Dental Care Group, Reading. 14/03/19
Essentials of periodontal care in practice. BDA Croydon, Croydon University Hospital. 13/03/19.
Hands-on periodontal surgery training. Winchester DFTs, Portsmouth University Dental Academy. 07/03/19.
Periodontal plastic surgery. London Dental Hospital Club, Barts and The London Dental School. 23/02/19

What they don't tell you at dental school. Barts and The London. 07/02/19.
Periodontal Plastic Surgery. Key Client Forum, SimplyHealth Professionals. 11 locations around the UK. 2018.
Hands-on Surgical Day - Crown lengthening and Pocket Reduction Surgery. NE Central DFTs, Eastman. 25/05/18.
An Update on Periodontology. Thames Valley and Wessex DCTs, Winchester. 10/05/18.
Essentials of Periodontal Practice. BDA Enfield 30/04/18, BDA Ealing 25/01/18; BDA Reading 8/11/17.
What Diabetes Specialists should know about Periodontal Disease. The Royal London Hospital. 17/04/18.
Top tips for Dental Hygiensits. BSDHT, London. 02/03/18.
A young dentist's guide to periodontal practice. Berkshire DFTs. 16/11/17, 27/10/16, 07/01/16.
Tips for your first year in practice and whistlestop tour of periodontology. NE Central DFTs, Eastman. 10/11/17, 03/07/15.
MJDF OSCE Revision. Royal College of Surgeons. 07/11/17, 08/11/16, 20/10/15, 07/10/14.
Perio in Practice - Plaque, Probing, Prescribing & Planning. BDIA Showcase. London. 19/10/17, 08/10/16.
The Road Ahead. BDSA conference, Bristol. 24/05/17.
Use of social media by dental professionals. ADEE/ADEA meeting, London. 09/05/17.
Periodontal Treatment on the NHS, Princess Alexandra Hospital. 15/02/17, 25/02/16.
Imagining the Future of Dentistry. GSK National Commercial Team. Museum of Brands. 15/09/16.
Periodontal Care on the NHS including MedicoLegal Aspects with Dr Len D'Cruz. BDA Windsor. 11/07/16.
Tips for your first year in practice and developing your career. Birmingham Dental School. 21/03/16.
Developing your career and work/life balance. Careers Day, BDA & UCL Eastman. Senate House. 12/02/16.
Stepping stone for a positive start in general dental practice. SmileOn Webinar. 25/01/16.

Recent Audits (Last 5 Years)

Record keeping - King's College Hopsital NHS Trust	2018/2019
Periodontal surgical outcomes - King's College Hopsital NHS Trust	2018/2019
Record keeping for hygienists	2016/2017
Pain assessment following periodontal surgery - Guy's Hospital	2015/2016

Employment

Associate Specialist Periodontist: King's College London, Restorative Department 05/02/18-Date
- Assess new patients, perform specialist treatment and supervise/teach hygienists and postgraduate students.

Co-Abstracts Editor: British Dental Journal, Springer Nature 02/10/17-Date
- Editor for the 'Other Journals in Brief' section, which features short summaries of papers published in other dental/scientific journals. Published on a bimonthly basis.

Principal: RW Perio, Lister House, 11-12 Wimpole Street, Marylebone, London, W1G 9ST 15/09/17-Date
- Lead a specialist periodontal referral clinic with a team of hygienists.

Part-time Associate: Woodford Dental Care, Essex, IG8 0HL 29/12/12-01/12/18
Practice limited to periodontal care working alongside a team of 7 dentists and 5 hygienists.

Part-time Honorary Clinical Tutor/Lecturer: Barts & The London, School of Medicine & Dentistry 11/11/13-23/12/17
- Supervising dental and hygiene/therapy students during their periodontal clinics and providing weekly group seminars.

Part-time Associate: Harley Street Dental Group, 52 Harley Street, W1G 9PY 01/03/14-12/03/16
- Working as part of in a multidisciplinary award winning specialist team with practice limited to periodontal care.

Part-time Associate: Pure Periodontics, Clerkenwell, EC1M 4AA 17/06/13-15/01/14
- Providing initial and supportive periodontal therapy in a specialist practice environment.

Senior House Officer: Guy's and St Thomas' NHS Foundation Trust 01/08/12-04/09/13
- Acute Dental Care - Clerking and treating emergency patients.
- Restorative under Dr Ravi Saravanamuttu - All duties including consultation clinics, periodontal treatment, conservative as well as crown and bridge work for hypodontia and tooth wear cases, endodontics and implant-retained dentures.
- Oral Surgery under Dr Chris Sproat - All duties including surgical extractions, coronectomies and biopsies. Assisting during implant surgery. Treatment also under intravenous sedation or general anesthesia.
- Weekly tutorials for the final year undergraduate students as well as undergraduate clinical training.

Dental Foundation Year 1: MK Vasant and Associates, SW16 4DN 01/08/11-31/07/12
- General dentistry as well as simple orthodontics using the Simpli5 aligner system, bonding/repair of fixed retainers and home tooth-whitening. Assisted weekly with periodontal and implant surgery.

Postgraduate Work Experience & Externships

Periodontal specialist practice:

Dr Alan Sidi, 57 Portland Place	09/10/2015
Dr Suzie Moore, Al-Fa Perio, Buckhurst Hill	06/12/2012
Dr Ravi Saravanamuttu, Claremont at Fortyfive, Surrey	04/12/2012
Dr Nik Pandya, The Avenue Dental Practice, Colchester	28/11/2012

- Observation of patient consultations and providing assistance for treatment.

Hospital:

Periodontology Department, Harvard School of Dental Medicine, Boston	18-22/07/2016

- Externship involving observations of all clinics and attendance to seminars.

Periodontology Department, New York University, New York	29/07/2015

- Observation of a typical day in the postgraduate periodontology department.

Dr Gita Auplish, King's College London, Denmark Hill	01/10/2012
Dr Jerry Kwok, Queen Mary's Hospital, Sidcup	

Current Positions of Responsibility & Voluntary Work

London Dental Hospital Club Committee Member	01/2018-Date
Reviewer for the British Dental Journal	05/2016-Date
National Board Member and Lead for the Central London Division, FGDP (RCS Eng)	05/2016-Date
Junior Trustee for The Oral & Dental Research Trust	01/2016-Date
Member of the Communications Committee, European Federation of Periodontology	09/2014-Date
London Dental Hospital Club Committee Member	01/2018-Date
Peer-reviewer for the British Dental Journal	05/2016-Date
BDA Committee Member, Croydon	09/2013-Date
Volunteer at Neasden Hindu Mandir (NGO in consultative status with UN)	06/1995-Date

Recent Courses & Conferences (Last 5 Years)

• Mucogingival surgery with Tonetti and Cortellini, Florence	3 days (03/2019)
• Minimally invasive soft tissue grafting over teeth and implants, Dr Edward Allen, Madrid	2 days (01/2019)
• EuroPerio9, European Federation of Periodontology, Amsterdam	3 days (06/2018)
• British Society of Periodontology Conference	3 days (06/2017)
• Mucogingival surgery with Dr Edward Allen, Guy's Hospital	1 day (05/2017)
• British Society of Periodontology Conference	3 days (04/2016)
• The Revenue Course with Dr Asif Syed, BDA, London	14 days (01/2016)
• Mucogingival Practical Workshop with Dr Paul Baker and Dr Amit Patel, LonDEC	1 day (10/2015)
• EuroPerio8, European Federation of Periodontology, London	3 days (06/2015)
• Crown lengthening with Dr Roberto Rossi	1 day (03/2015)
• XI European Workshop in Periodontology, Spain	3 days (11/2015)

Media

- Featured in The Telegraph, The Sun, Daily Mail, Daily Mirror, Daily Star, Women's Health, Health & Wellbeing, Weight Watchers, Mother & Baby and many other key newspapers and magazines.
- Voted by dental professionals as the 20th most influential dentists in the UK, Dentistry FMC, 2018 & 2019.
- Dental expert for BBC Asian Network radio. 1 hour interview slot as part of 'The Big Debate', 11/06/18, 23/07/18.
- Sensodyne Repair and Protect TV commercial, 2016/17.

Memberships

- Dental Protection, British Dental Association, FGDP(UK)
- British Society of Periodontology, European Federation of Periodontology

Other Interests

- Indian classical music - harmonium (professional standard), tabla (intermediate standard).
- Travelling and nature photography.

References

Name:	Professor Iain Chapple, Dean, Professor of Periodontology and Consultant in Restorative Dentistry
Contact:	Birmingham Dental Hospital, 5 Mill Pool Way, Birmingham B5 7EG; i.l.c.chapple@bham.ac.uk
Name:	Dr Len D'Cruz, Practice Principal
Address:	6 The Broadway, Woodford Green, Essex, IG8 0HL; lendcruz@btinternet.com